

# Quick Reference Guide



February 2019

## Violence Against Women Community Services

Agency Name		Telephone Number	Page
1. Alliance for South Asian AIDS (Prevention ASSAP)		416.599.2727	6
2. African Community Services		905.460.9514	7
3. Armagh		905.855.0299	8-9
4. Brampton Multicultural Community Centre	Central Park County Court	905.790.8482 905.790.8482	10
5. Canadian Mental Health Association		905.451.2123	11-12
6. Catholic Cross-Cultural Services	Brampton Mississauga	905.457.7740 905.273.4140	13
7. Catholic Family Services of Peel Dufferin		905.450.1608	14
8. Trillium Health Partners Sexual Assault/Domestic Violence Services – Chantel’s Place		905.848.7580 x 2548	15
9. DisAbled Women’s Network		514.396.0009	16
10. East Mississauga Community Health Centre		905.602.4082	17
11. Elizabeth Fry Society of Peel-Halton		905.459.1315	18-19
12. Family Services of Peel		905.270.2250	20



<b>13. Family Transition Place</b>		905.942.4122	<b>21</b>
<b>14. HEAL Network</b>		905.450.1608 x 119	<b>22</b>
<b>15. Indus Community Services</b>		905.275.2369	<b>23</b>
<b>16. Interim Place</b>	South	905.403.0864 TTY: 905.403.0453	<b>24</b>
	North	905.676.8515 TTY: 905.676.0284	
<b>17. Malton Neighbourhood Services</b>		905.677.6270	<b>25</b>
<b>18. Metis Nation of Ontario</b>		613.798.1488	<b>26-27</b>
<b>19. Muslim Community Services</b>		905.790.1910	<b>28</b>
<b>20. Newcomer Centre of Peel</b>		905.306.0577	<b>29</b>
<b>21. OASIS Centre Des Femmes</b>		1.877.326.2433 TTY: 1.866.860.7082	<b>30</b>
<b>22. Our Place Peel</b>		905.238.1383	<b>31</b>
<b>23. Peel Aboriginal Network</b>		905.712.4726	<b>32</b>
<b>24. Peel Children's Aid Society</b>		905.363.6131	<b>33</b>
<b>25. Peel Children's Centre</b>		905.795.3500	<b>34</b>
<b>26. Peel Elder Abuse Network</b>		905.459.7777	<b>35</b>
<b>27. Peer Family Mediation Services</b>		905.456.4700 x 5662	<b>36</b>
<b>28. Peel HIV/AIDS Network (PHAN)</b>		905.361.0523	<b>37</b>

<b>29. Peel Institute of Violence Prevention</b>		905.270.2250	<b>38</b>
<b>30. Peel Regional Police</b>	<b>Emergency</b>	911	<b>39</b>
	<b>Non-Emergency</b>	905.453.3311	
<b>31. Punjabi Community Health Services</b>		905.677.0889	<b>40</b>
<b>32. Rapport Youth Services</b>		905.455.4100	<b>41</b>
<b>33. Region of Peel – Ontario Works</b>		905.791.7800	<b>42</b>
<b>34. Region of Peel – Housing</b>		905.791.7800	<b>43</b>
<b>35. Regional Diversity Roundtable</b>		905.232.7371	<b>44</b>
<b>36. Safe Centre of Peel (SCoP)</b>		905.450.4560	<b>45</b>
<b>37. Salvation Army – Honeychurch Family Life Resource Centre</b>		905.451.4115	<b>46</b>
<b>38. Salvation Army – Women’s Counselling Centre</b>		905.820.8984	<b>47</b>
<b>39. Victim/Witness Assistance Program</b>		905.456.4797	<b>48</b>
<b>40. Victim Services of Peel</b>		905.568.1068	<b>49</b>
<b>41. La Maison</b>		647.777.6433	<b>50</b>
<b>42. Vita Centre of Peel</b>		905.502.7933	<b>51</b>
<b>43. United Achievers’ Community Services</b>		905.455.6789	<b>52</b>



## **Description of Services**

- **Crisis Response:**  
Immediate one-time response or intervention to an urgent service request by a woman in a crisis situation. It consists of a counselling session in person or by phone, information if requested by the client, service options and a copy of the Safety Plan.
- **Crisis Support Services:**  
The primary purpose is to ensure that the client is connected with the woman abuse service system in the community. The service consists of brief service intervention (1-6 sessions) until Friday Stage Counselling services can be provided.
- **First Stage Counselling:**  
The focus is on safety and health issues, information on the rights of women and children, providing one-on-one support in accessing appropriate community resources, empowering women to take proactive actions most appropriate to their situation.
- **Second Stage Counselling:**  
Counselling services for women who no longer live in abusive relationships or who choose to remain with their partners and learn to self-protect if future abuse occurs. The focus is on developing a more in-depth understanding of woman abuse and empowering women.



**Alliance for South Asian AIDS Prevention  
(ASSAP)**

[www.asaap.ca](http://www.asaap.ca)

**Contact Information:**

120 Carlton Street, St #315  
Toronto, ON  
M5A 4K2, Canada

Telephone: 416.599.2727

**Email:** info@asaap.ca

**Mandate:**

(ASAAP) provides HIV/AIDS, sexual health and support services for South Asian communities in the Greater Toronto Area.

**Core Programs & Services**

- HIV Prevention
- Living with HIV/AIDS
- Community Development
- SAFE Program

**Language Services Offered**

- |           |            |
|-----------|------------|
| • English | • Gujarati |
| • Tamil   | • Bengali  |
| • Hindi   | • Arabic   |
| • Urdu    | • Nepali   |



African Community Services  
[www.africancommunityservices.com](http://www.africancommunityservices.com)

**Contact Information:**

10 Gillingham Drive, Unit 308  
Brampton, ON  
L6X 5A5

Telephone: 905.460.9514  
Fax: +1 905.460.9769

**Email:** [info@africancommunityservices.com](mailto:info@africancommunityservices.com)

**Mandate:**

Our Mission is to improve the quality of life of members of the newcomer community in Peel by providing them with the support, information and services necessary for healthy integration into Canadian Society

**Core Programs & Services**

- Newcomer Settlement
- Employment Support
- Summer Youth Employment
- Youth Development
- Violence Abuse and Prevention
- Seniors Program
- Women and Families
- Health and Wellness
- Volunteer Training and Development Program
- Community Engagement
- Mental Health and Wellness



Armagh

[www.armaghhouse.ca](http://www.armaghhouse.ca)

### Contact Information:

Armagh  
PO Box 52581  
1801 Lakeshore Road W  
Mississauga, ON L5J 4S6

Telephone: 905.855.0299  
Fax: 905.855.3189

**Email:** [armagh@rogers.com](mailto:armagh@rogers.com)

### Mandate:

Providing women with a second-stage supportive housing program serving the Region of Peel. We offer a safe and supportive environment for women, with or without children. We believe that every person has the right to live without fear of physical, psychological, emotional, sexual, or financial abuse. We believe that women and men should have equal opportunities to develop their potential to live full and rich lives. We believe that all women have the right to decide for themselves the direction which their lives will take, according to their personal values and needs.



## **Core Programs & Services**

### **Supportive Counselling**

- Individual and Group Counselling
- Safety Plans
- Budgeting
- Life Skills
- Parenting/Active parenting
- Conflict Resolution
- Expressive Art Therapy
- Emergency First Aid and CPR
- Homework Assistance
- Paws to Read (Matches child who struggles to read with certified therapy dogs)
- Tools for Life (relationship-building interactive resources for children 3-13)
- Follow up support services for up to one year once the woman moves into the community.

### **Healthy Body, Healthy Mind**

- Understanding your emotion
- How to channel anger
- How to help keep yourself less vulnerable
- Emotions: what to do with them
- Self-Esteem
- Yoga
- Laughter Yoga
- Self-Care
- Stress Techniques/Reflexology

### **Referral, Information and Advocacy**

- Income Assistance
- Education Programs
- Counselling Services
- Legal Aid Ontario
- Parenting Support Resources
- Social and recreational programs for women and children



Brampton Multicultural Community Centre  
[www.bmccentre.org](http://www.bmccentre.org)

**Contact Information:**

**Brampton Locations**

150 Central Park Drive, Suite 107  
Brampton, ON L6T 2T9

Telephone: 905.790.8482  
Fax: 905.790.8488

197 County Court Blvd., Suite 303  
Brampton, ON L6W 4P6

Telephone: 905.790.8482  
Fax: 905.874.6100

**Email:** [services@bmccentre.org](mailto:services@bmccentre.org)

**\*ADDITIONAL LOCATIONS LISTED ON WEBSITE\***

**Mandate:**

To enhance the capacity of newcomers to participate more effectively in our communities. To partner with other service providers and organizations to strengthen the response capacity of the settlement sector. To work collectively with other community actors to facilitate better use of newcomers' knowledge and talents in Canadian workplaces.

**Core Programs & Services**

- Community Connections – Schools
- Community Connections – Library
- Employment Services
- Newcomer Settlement Services
- Mind your Health
- Seniors Program
- Volunteer Management

**YOUTH SERVICES**

- New Direction  
(Gang Prevention & Intervention)
- Be the Change
- Peel Good Start



Canadian Mental Health Association  
[www.cmhapeeldufferin.ca](http://www.cmhapeeldufferin.ca)

## Contact Information:

### Peel Location

Canadian Mental Health Association  
7700 Hurontario Street, Suite 314  
Brampton, ON L6Y 4M3

Telephone: 905.451.2123

Fax: 905.456.7492

Email: [info@cmhapeel.ca](mailto:info@cmhapeel.ca)

### Mandate:

To provide a wide range of innovative services and supports to people who are experiencing mental illness and their families.

## Core Programs & Services

### Access

#### Intake, Information, Referrals

- 24.7 Crisis Support Peel Dufferin
- Systemwise

#### Education

- Wellness Now
- Wellness Works
- Displays

#### Brief Services

- Family Support
- Mental Health Counselling
- Substance Use

#### Individual Support Services

- Access to Recovery
- Assertive Community Treatment
- Team
- Early

**Group and Peer Support Programs**

- Concurrent Disorders Support
- Programs
- Recovery West
- Housing and Homelessness
- Mental Health and Justice
- Seniors
- Youth
- Client Rights



Catholic Cross-Cultural Services  
[www.cathcrosscultural.org](http://www.cathcrosscultural.org)

**Contact Information:**

**Brampton Location:**

8 Nelson Street West, Suite 302  
Brampton, ON L6X 4J2

Telephone: 905.457.7740

**Mississauga Location:**

3660 Hurontario Street, 7<sup>th</sup> Floor  
Mississauga, ON L5B 3C4

Telephone: 905.273.4140

**Mandate:**

Catholic Cross-Cultural Services (CCS) is a charitable organization providing services that assist in the settlement and integration of immigrants and refugees.

**Core Programs & Services**

- Crisis Intervention and Support
- Short-term solution focused one-on-one counselling including the development of transition and safety strategies
- Information on rights and options, advocacy and referral services
- Connection to services in the community that address legal, housing, financial and long-term counselling needs
- Language-specific support groups for women
- Transitional Housing Support to help find and maintain housing



Catholic Family Services of Peel-Dufferin  
[www.cfspd.com](http://www.cfspd.com)

**Contact Information:**

***The Honorable William G. Davis Centre for Families***  
60 West Drive, Suite 201  
Brampton, ON L6T 3T6

Telephone: 905.450.1608  
Fax: 905.450.8902

Email: [info@cfspd.com](mailto:info@cfspd.com)

**Mandate:**

Catholic Family Services Peel-Dufferin is a multi-service agency that services individuals, couples, and families who live or work in the Regions of Peel and Dufferin. We support the entire community, newcomers, immigrants and people of all faiths and backgrounds.

**Core Programs & Services**

**Counselling Services**

Walk-in counselling clinic

- Individual, Couple & Family Counselling and Psychotherapy

**Violence in Family Relationships**

Individual, Couple & Family Counselling and Psychotherapy

- Partner Assault Response
- HEAL network services
- Safe Centre of Peel

**Group Support**

- Wellness Groups
- Group Counselling



Trillium Health Partners  
Sexual Assault/Domestic Violence Services – Chantel’s Place  
[www.trilliumhealthpartners.ca](http://www.trilliumhealthpartners.ca)

**Contact Information:**

100 Queensway West  
Mississauga, ON  
L5B 1B8

Telephone: 905.848.7580 x 2548  
Counselling: 905.848.7689

**Mandate:**

Medical, forensic and/or counselling services to recent sexual assault and/or domestic violence survivors.

**Core Programs & Services:**

- Acute medical care for survivors of sexual assault
- Acute medical care for survivors of domestic violence
- 24-hour services
- Forensic services
- Follow-up services (counseling and medical)
- Community resources



DisAbled Women's Network  
[www.dawncanada.net](http://www.dawncanada.net)

**Contact Information:**

469, Jean Talon W. #215  
Montréal, QC  
H3N 1R4

Telephone: 514.396.0009  
Counselling: 514.396.6585

**Mandate:**

DAWN is an organization that works towards the advancement and inclusion of women and girls with disabilities and Deaf women in Canada. Our overarching strategic theme is one of leadership, partnership and networking to engage all levels of government and the wider disability and women's sectors and other stakeholders in addressing our key issues.

**Core Programs & Services:**

- Girls Without Borders
- Do the Rights Thing
- Youth the Future





East Mississauga Community Health Centre  
[www.eastmississaugachc.org](http://www.eastmississaugachc.org)

**Contact Information:**

7-2555 Dixie Road  
Mississauga, ON L4Y 4C4

Telephone: 905.602.4082

Fax: 905.602.5432

**Email:** mississauga@lampchc.org

**Mandate:**

We strive to improve quality of life by supporting people to reach their full potential.

**Core Programs & Services:**

**Medical Services**

- Primary Health Care
- Chiropody (Foot Care)
- Physiotherapy Program
- Diabetes Education
- Nutrition Counselling
- Dental Health Care

**Community/Social Support Programs**

- Health Promotion
- Seniors' Wellness
- LGBTTIQQ2S
- Mental Wellness
- Social Work
- Client Advocacy



Elizabeth Fry Society of Peel-Halton  
[www.efrypeelhalton.ca](http://www.efrypeelhalton.ca)

### Contact Information:

44 Peel Centre Drive, Suite 200  
Mississauga, ON L9T 4B5

Telephone: 905.459.1315

Fax: 905.459.1322

**Email:** [efry@efrypeelhalton.ca](mailto:efry@efrypeelhalton.ca)

### Mandate:

We will be a tireless and strong champion within the Peel-Halton Region for the appropriate and non-discriminatory delivery of programs and services to women and youth who are

### Core Programs & Services:

#### Youth:

- Girls in the Know
- Youth-NOW
- Female Mobile Support
- Attendance Centres
- Youth Resources
- Empowering Against Exploitation & Empowering Girls Against Exploitation
- Follow up & Aftercare
- Marjorie Armos Residence
- Court Support Services for Youth
- Building Resiliency in Girls
- CARDOW
- Intentional Sector Collaboration

#### Adults:

- CAROW
- International Sector Collaboration
- Vanier Centre for Women-Change Is a Choice Program
- Women's Transitional Residence
- Ellen House
- CSO Programs



- Pre-Disposition Community Services
- Alternative Measures
- Community Justice Worker
- Bonnie McPhee Residence
- Mother Child Program
- Intermittent Community Work Program
- Community Counselling
- Adult Court Counselling Service
- Drug Treatment Court, Diversion Program
- Direct Accountability Program
- Court Support Program



Family Services of Peel  
[www.fspeel.org](http://www.fspeel.org)

**Contact Information:**

**Email:** [fsp@fspeel.org](mailto:fsp@fspeel.org)

**Telephone:**  
Office: 905.459.1315  
Intake: 905.453.5775

**Mandate:**

As a multi-service agency, we provide professional counselling, educational programs, employment support services, support for people with developmental disabilities and their families, as well as support for victims of violence and abuse.

Sensitive to cultural and social diversity, Family Services of Peel is a community-based agency that works to strengthen families, couples and individuals through guidance, coaching, mentoring, education and support.

**Core Programs & Services:**

- Counselling
- Drop in group and counselling for women experiencing violence
- Drop in, peer to peer, group and counselling for men who have experienced early childhood abuse
- Abuse prevention programs (men's program, PAR, seniors, VAW)
- Program for people with Developmental Disabilities – SIL / APSW / at risk of being homeless
- Employment (for youth and adults)
- Families and Schools Program
- Human trafficking
- Research (Syrian refugees and trauma)



Family Transition Place  
[www.familytransitionplace.ca](http://www.familytransitionplace.ca)

**Contact Information:**

20 Bredin Pkwy  
Orangeville, ON L9W 4Z9

Telephone: 905.584.4357  
Fax: 519.942.8243

**Mandate:**

Since 1984, Family Transition Place (FTP) has been providing critical services to women and their children who have experienced abuse and unhealthy relationships. Inside FTP's doors, women find a warm and welcoming place where their safety and well-being is the most important thing in the world.

**Core Programs & Services:**

- Emergency Shelter
- Second Stage housing
- Transitional, Legal and Housing Program
- Counselling
  - Individual and Group Counselling for Women
  - Caring Dads
  - Sexual Assault Counselling
  - Mothers Changing Paths
  - Child Witness Program
  - Rural Response Program
  - Workshops for Women, Men, and Children



HEAL Network  
 (Helping End Abuse for Life)  
[www.healnetwork.org](http://www.healnetwork.org)

<b>Contact Information:</b>	
	Telephone: 905.450.1608 x119
<b>Mandate:</b>	
Dedicated to helping children in the Region of Peel heal from their exposure to woman abuse, strengthen family and stop family violence.	
<b>Core Programs &amp; Services:</b>	
<ul style="list-style-type: none"> <li>• <b>Helping Mothers and Children Survive Abuse Together (HMCSAT)</b> <ul style="list-style-type: none"> <li>○ This is a ten-week closed group for women, and their children, ages newborn to 12 years, who have been impacted by their exposure to woman abuse. The focus of the group is to empower women in becoming the experts in helping their children learn how to lead violence-free lives. Multicultural and Cultural/Language specific groups are available.</li> </ul> </li> <li>• <b>Alternative Intervention Program:</b> <ul style="list-style-type: none"> <li>○ This is a program intended for families who require additional support. Families may be referred to this program when there is help needed with:               <ul style="list-style-type: none"> <li>○ Acute Trauma</li> <li>○ Managing impacts of trauma</li> <li>○ Relationship building between the caregiver and the child</li> <li>○ Enhancing parenting skills</li> <li>○ Developing conflict resolution skills</li> </ul> </li> </ul> </li> </ul>	



Indus Community Services  
[www.induscs.ca](http://www.induscs.ca)

**Contact Information:**

3038 Hurontario Street, Suite 206  
Mississauga, Ontario L5B 3B9

Telephone: 905.275.2369

Fax: 905.275.6799

**Email:** [info@induscs.ca](mailto:info@induscs.ca)

**Mandate:**

We are committed to supporting our growing communities to manage change through quality, client-centred social and health services and responsive public education.

**Core Programs & Services:**

- Risks Assessment
- Local and International Safety Planning
- Crisis Intervention and supportive counselling (short term)
- Parenting and youth counselling
- Facilitate direct referrals to Short Stay Crisis Support Program (SSCS and Supportive Housing of Peel centralized intake)
- Settlement and Immigration services
- Direct support to understand the family court system by debriefing outcomes of court appearances and lawyers appointments
- Assistance in documenting the history of abuse  
Accompaniment during Family court proceedings where appropriate
- Monthly legal clinics for legal matters (i.e. Immigration, tenant rights, employment rights)
- Assistance applying for Legal Aid Certificates
- Commission of Oath



Interim Place  
[www.interimplace.com](http://www.interimplace.com)

### Contact Information:

#### 24 Hour Crisis Lines:

Tel: 905.403.0864.  
905.676.8515

TTY:905.403.0453  
905.676.0284

Toll-Free: 1.855.676.8515

#### Community Support & Outreach Central Intake Lines:

Tel: 905.676.0257  
TTY: 905.676.1413  
Toll-Free: 1.855.676.0257

### Mandate:

To provide shelter, support, counselling and advocacy to help abused women and their children break the cycle of violence. We are women-centered, anti-racist, anti-oppressive, non-profit organization serving the diverse population of the Region of Peel.

### Core Programs & Services:





Malton Neighbourhood Services  
[www.mnsinfo.org](http://www.mnsinfo.org)

**Contact Information:**

3540 Morning Star Drive  
 Mississauga, ON

Telephone: 905.677.6720

Fax: 905.677.6281

**Email:** info@mnsinfo.org

**Mandate:**

Dedicated to supporting the creation of connected, safe and strong communities by offering and engaging in activities that recognize and respect the diversity of the neighbourhoods it serves.

**Core Programs & Services**

- **Newcomer Support:**
  - Settlement Workers
  - Settlement in Schools (MSEP)
  - MNS IRIS
  - Notary Public & Commissioner
- **English Classes:**
  - Language Bench Marks
  - Computer Skills
  - Conversation Circles
- **Community Support:**
  - Job finding Services
  - Free Legal Clinic
  - Community Computers
  - Women's Services
- **Family Programs:**
  - Early Years
  - Youth
  - Seniors
  - Lion
  - Free Dental Clinic for Children
  - Spanish Speaking Group



Metis Nation of Ontario  
[www.metisnation.org](http://www.metisnation.org)

### Contact Information:

Metis Nation of Ontario  
500 Old St. Patrick St. Unit 3  
Ottawa, ON  
K1N 9G4

Telephone: 613.798.1488  
Fax: 613.722.4225

### Mandate:

We, the Metis Nation, have the inherent right of self-determination and self-government; We, the Metis who live within the Metis Homelands of Ontario, desiring to bind our people together to collectively promote our common cultural, social, political, and economic well-being, have founded the Metis Nation of Ontario, to be our representative body with the following aims and objectives:

to research, publish and promote the genealogical documentation of the Metis, and to establish and maintain a registry of the Metis Citizens of Ontario;

to establish democratic institutions based on our inherent right of self-government;

to encourage the full participation of all Metis in the Metis Nation;

to promote and foster community development;

to re-establish land and resource bases;

to develop prosperity and economic self-sufficiency within the Metis Nation;

to provide care and support necessary to meet the fundamental needs of the citizens of the Metis Nation;



to promote the improved health and wellness of the individual, the family and whole Metis community;

to establish effective means of communication for the Metis Nation

to encourage academic and skills development and to enable citizens of the Metis Nation to attain their educational aspirations;  
to promote the history, values, culture, languages and traditions of the Metis Nation and to create an awareness of our proud heritage;

to promote Metis artistic and cultural achievement;

to ensure that Metis can exercise their Aboriginal and Treaty rights and freedoms and in so doing, act in a spirit of cooperation with other Aboriginal and non-Aboriginal people;

to establish good relations and maintain our historic alliances with all Aboriginal peoples for the pursuit of our common interests and goals;

to continue our affiliation with the Metis National Council for the representation of the interests of the Metis Nation in Ontario at the National and International levels;

to gain the recognition and respect of the Metis as a Nation and a people;

to protect and preserve the land and waters within our homelands for future generations.

## **Core Programs & Services**

- Economic Development
- Education & Training
- Healing & Wellness
- Infinity Property Services
- Intergovernment Relations
- Lands, Resources & Consult



Muslim Community Services  
[www.muslimcommunity.org](http://www.muslimcommunity.org)

**Contact Information:**

304 - 150 Central Park Drive  
Brampton, ON L6T 5S9

Telephone: 905.790.1910

Fax: 905.460.9769

**Mandate:**

MCS is a group of diverse professionals dedicated to enhancing newcomer community engagement. We offer a wide range of services and learning opportunities to connect newcomers to be better future in the ever-changing Canadian Society.

**Core Programs & Services**

- **LINC (Language Instruction for Newcomers to Canada):**
  - Free English Classes & free Childcare for eligible participants
- **Family Support Program:**
  - Supportive Counselling
  - Support for women and children exposed to family violence
  - Prevention
  - Education
  - Information and Referrals
  - Settlement and Integration Services with collaboration of sister organization Brampton Multicultural Community Center offering
  - Orientation
  - Information
  - Translation and Interpretation
  - Job Board & Job Placement
  - Resume Preparation & Assistance
  - Interview & Job Search Techniques
- **Senior Program:**
  - Cultural and Linguistic Support; Peer Support
  - Monthly Guest Speakers on different topics of interest
  - Recreational and Social Activities



Newcomers Centre of Peel  
[www.ncpeel.ca](http://www.ncpeel.ca)

<b>Contact Information:</b>	
165 Dundas Street West, Suite 116 Mississauga, ON L5B 2N6	Telephone: 905.306.0577 Fax: 905.306.1275
<b>Mandate:</b>	
Touching the lives of people by providing quality, customized and innovative settlement services in a safe, confidential and respectful environment.	
<b>Core Programs &amp; Services</b>	
<ul style="list-style-type: none"> <li>• <b><u>Counselling:</u></b> <ul style="list-style-type: none"> <li>○ Civic Rights, Responsibilities and Canadian Values</li> <li>○ Canadian Law and Justice</li> <li>○ Employment</li> <li>○ Continuing Education</li> <li>○ Finances and taxation processes in Canada</li> <li>○ Mental Health</li> <li>○ Trauma Support Counselling</li> <li>○ Parenting</li> <li>○ Nutrition, health and physical wellness</li> <li>○ Community participation and volunteerism</li> </ul> </li> <li>• <b><u>Services:</u></b> <ul style="list-style-type: none"> <li>○ Translation, interpretation and document certification</li> <li>○ Community service referrals and bridging programs</li> <li>○ One-on-One and group sessions/workshops</li> <li>○ Various Community Activities for Youth, Adults and Seniors</li> </ul> </li> </ul>	
<b>Language Services Offered</b>	
<ul style="list-style-type: none"> <li>• English</li> <li>• French</li> <li>• Arabic</li> <li>• Belarussian</li> <li>• Farsi</li> <li>• Hebrew</li> <li>• Ukrainian</li> <li>• Urdu</li> </ul>	<ul style="list-style-type: none"> <li>• Hindi</li> <li>• Mandarin</li> <li>• Polish</li> <li>• Punjabi</li> <li>• Russian</li> <li>• Spanish</li> <li>• Tamil</li> </ul>



OASIS Centre Des Femmes  
[www.oasisfemmes.org](http://www.oasisfemmes.org)

**Contact Information:**

**French Crisis Line: 1.877.336.2433**

Telephone: 1.877.336.2433

TTY: 1.866.860.7082

**Mandate:**

To support and provide services to women in a space where they will be listened to without being judged, and where a woman's perspective of her abuse or assault is the focus.

**Core Programs & Services**

- Workshops
- Counseling
- Momentum: Preparation for Dynamic Life
- Family Court Support
- Transitional Support and Housing
- Individual Support for Immigration and Refugee



## Our Place Peel

<http://www.ourplacepeel.org/>

### Contact Information:

3579 Dixie Road  
Mississauga, ON  
L4Y 2B3

Telephone: 905.238.1383

Fax: 905.648.4046

**Email:** [info@ourplacepeel.org](mailto:info@ourplacepeel.org)

### Mandate:

At our Place Peel, we're investing in the future of our community and country by providing homeless and disadvantaged youth the confidence and skills to obtain housing, overcome problems of their past and become financially independent.

### Core Programs & Services

- Emergency Youth Shelter
- Resource Room
- Transitional Housing Program
- H.Y.P.E. (Helping Youth Prepare Effectively)



## Peel Aboriginal Network

<http://www.peelaboriginalnetwork.com/>

### Contact Information:

208 Britannia Road East, Unit 1  
Mississauga, ON L4Z 1S6

Telephone: 905.712.4726

Fax: 905.712.9803

**Email:** pan.info@icloud.com

### Mandate:

In 2009 PAN opened as a Cultural Center to provide a social setting to foster cultural awareness and education and provide services and support to the Aboriginal community in the Region of Peel.

### Core Programs & Services

- Aboriginal Housing Services
- Food and Clothing Bank
- Employment Counseling
- Traditional Healing and Wellness
- Aboriginal Legal Services
- Aboriginal Family Mediation
- Aboriginal Youth Services
- Indigenous Alternative School
- Drum Workshops
- Drumming Circles
- Music Lesions
- Movie Nights
- Traditional Arts & Crafts
- Dream Catcher Workshops
- Beading
- Regalia Workshops
- Nutritional Bingo
- Full Moon Ceremonies
- Talking Circles
- Community Education





Peel Children's Aid Society  
[www.peelcas.org](http://www.peelcas.org)

**Contact Information:**

6860 Century Avenue  
Mississauga, ON  
L5N 2V8

Telephone: 905.363.6131  
Fax: 905.363.6133

**Email:** [mail@peelcas.org](mailto:mail@peelcas.org)

**Mandate:**

To ensure the safety and well-being of children and strengthen families through partnership.

**Core Programs & Services**

Peel Children's Aid protects children from abuse and neglect and helps parents and caregivers build healthy families. In addition to protecting children, which is done with the support of our Peel community, Peel CAS works with families who may be facing challenges such as poverty, unemployment, ill health, domestic violence, mental health issues, or caring for a child who has serious physical, emotional or developmental difficulties. Some families also just need parenting support. The best way to deal with child abuse and neglect is to prevent it. If there is a concern – please call.

By working together with families, we can often stop or change circumstances which may lead to a child being abused or neglected. We encourage families who need help to contact our agency before problems escalate so we can help you care for your children in a more positive way.



Peel Children's Centre  
[www.peelcc.org](http://www.peelcc.org)

**Contact Information:**

85A Aventura Court  
 Mississauga, ON L5T 2Y6

Telephone: 905.795.3500

**Mandate:**

To enrich the lives of children and youth who experience social, emotional and/or behaviour challenges by providing a continuum of high-quality mental health services.

**Core Programs & Services**

- Arson Prevention
- Child Witness
- Concurrent Disorders (Mental Health and Substance Use)
- Connect
- Counselling Services
- Court Clinic
- Crisis Response
- Day Treatment
- Echo Treatment
- Group Services
- ICF (0-6) & (7-17)
- Intensive Supports and Resource Coordination Program
- Parent-Operated Residential
- Peel Inclusion Resources Services
- Peel Infant-Parent Program
- Peel Wraparound Process-Children's Mental Health
- Peel Wraparound Process-Developmental Services
- Peel Wraparound Process-Adolescent Team
- Psychiatric Services
- Psychological Services
- Residential Treatment
- Respite Services
- School-Based Services
- Sexual Abuse Treatment
- Tangerine Walk-In Counselling



Peel Elder Abuse Network  
<http://www.peapn.ca/>

**Contact Information:**

60 West Drive, Suite 204  
Brampton, ON L9T 3T6

Telephone: 905.459.7777  
Toll Free: 1.877.299.1011

**Seniors Safety Line: 1.866.299.1011**

**Mandate:**

To promote the optimal Quality of Life for older adults in Peel Region.

**Core Programs & Services**

- Peel Elder Abuse Support Program
- Elder Abuse Prevention
- Elder Abuse Protocol
- Safe Housing Program
- Scams and Fraud Prevention



Peer Family Mediation Services  
[www.peelfamilymediation.org](http://www.peelfamilymediation.org)

**Contact Information:**

A. Grenville & William Davis Courthouse  
Room 250 (second floor, near courtroom 201)  
7755 Hurontario Street  
Brampton, ON L6W 4T1

Telephone: 905.456.4700 ext. 5662  
Fax: 905.453.7796

**Mandate:**

To meet the demand for accessible quality family law mediation and public education services in Peel.

**Core Programs & Services**

- On-Site Mediation
- Off-Site Mediation
- Mandatory Information Programs



Peel HIV/AIDS Network (PHAN)  
[www.phan.ca](http://www.phan.ca)

**Contact Information:**

Peel HIV/AIDS Network  
601-7700 Hurontario Street  
Brampton, ON L6Y 4M3

Telephone: 905.361.0523  
Fax: 905.595.1443

**Email:** info@phan.ca

**Mandate:**

Working together to improve the health and prosperity of communities in Peel.

**Core Programs & Services**

- Living with HIV: Employment ACTION
- Harm Reduction
- African, Caribbean & Black Health Promotion
- GBTQMSM Men's Health: Totally Outright
- Women's Health: Sex Worker Drop-In



## Peel Institute of Violence Prevention

### Contact Information:

Telephone: 905.270.2250

### Mandate:

Peel Institute on Violence Prevention is an interdisciplinary and intersectorial collaborative initiative among agencies in the Region of Peel working toward the eradication of all forms of violence. Operating within an equity lens and an anti-oppressive, anti-racist framework, the Institute is a focal point for data-driven, evidence-informed practice, which will improve the organization of services, combining the perspectives of the diverse population served, academia, and community service providers.

### Core Programs & Services



Peel Regional Police  
[www.peelpolice.ca](http://www.peelpolice.ca)

### Contact Information:

7150 Mississauga Road  
Mississauga, ON L5N 8M5

**Emergency: 911**

**Non-Emergency: 905.453.3311**

### Mandate:

Peel Regional Police is committed to our Vision of “A Safer Community Together”. Everything we do is driven by our Mission, Vision and Values and we pride ourselves in being accountable to our community

### Core Programs & Services

- Peel Regional Police currently has 5 operational Divisions, operating 7 days a week, 24 hours a day, to meet the needs of victims/families dealing with domestic/family violence. In addition, the Square One Community Station is also available with reduced hours of operation. Officers will respond to complaints of domestic/family disputes, and documents same. In all situations a comprehensive investigation will be conducted. The safety needs of the victim/family will be addressed and where reasonable grounds exist to believe an offence has occurred, the appropriate charges will be laid.



Punjabi Community Health Services  
[www.pchs4u.com](http://www.pchs4u.com)

**Contact Information:**

2980 Drew Road  
Unit #241  
Mississauga, ON  
L4T 0A7

Telephone: 905.677.0889

**Mandate:**

To provide health, settlement and social services to improve the quality of life of individuals, families and diverse communities.

**Core Programs & Services**

- Mental Health
- Addictions
- Settlement
- Geriatrics
- Better Families Program
- Community Development & Social Enterprise





Rapport Youth Services  
[www.rapportyouth.com](http://www.rapportyouth.com)

**Contact Information:**

71 West Drive, Unit 37  
Brampton, ON L6T 5E2

Telephone: 905.455.4100

**Mandate:**

To strengthen the social and emotional well-being of youth and families through counselling and related support services.

**Core Programs & Services**

- Youth Counselling
- Counselling for Families at Risk
- ECLYPSE Youth Centres
- ECLYPSE After School Program
- Group Services
- Youth Arts Against Violence



Region of Peel – Ontario Works  
[www.peelregion.ca/help](http://www.peelregion.ca/help)

### Contact Information:

10 Peel Centre Drive  
Suite A and B  
Brampton ON, L6T 4B9

Toll-free: 1.888.919.7800  
Telephone: 905.791.7800

### Mandate:

The Region of Peel provides financial help for people in need.

### Core Programs & Services

- Apply for Ontario Works
- Get Help Paying for Funeral Arrangements
- Apply for a Discounted MiWay Monthly Bus Pass
- Get Help for Paying Past-Due Bills or Rent



Region of Peel - Housing  
[www.peelregion.ca/housing](http://www.peelregion.ca/housing)

### Contact Information:

10 Peel Centre Drive  
Suite A and B  
Brampton ON, L6T 4B9

Toll-free: 1.888.919.7800  
Telephone: 905.791.7800

### Mandate:

The Region of Peel offers several programs to help if you need to: Receive housing subsidy, find shelter if you are homeless, renovate your home to make it more accessible.

### Core Programs & Services

- Apply for Housing Subsidy
- Find a Shelter
- Get help Paying for Home
- Renovations and Repairs
- Keep your spot on the Housing Subsidy Centralized Wait List
- Get Help Paying for Renovations for your Second Unit
- Resources for Peel Living Tenants
- Appeal a Decision



Regional Diversity Roundtable  
[www.rdrpeel.org](http://www.rdrpeel.org)

**Contact Information:**

28 Village Centre Place, Suite 107  
Mississauga ON L4Z 1V9

Telephone: 905.232.7371

**Mandate:**

The Regional Diversity Roundtable is committed to being a leader in supporting organizations and institutions to be diverse and equitable in order to provide services that are fair, inclusive and culturally appropriate.

**Core Programs & Services**

- Consulting Services
- DEI Education
- DEI Initiatives/Project
- Tough Questions Café
- Centering Diversity for Workplace Equity



Safe Centre of Peel  
[www.scopeel.org](http://www.scopeel.org)

**Contact Information:**

The Honourable William G. Davis Centre for Families  
60 West Drive, Suite 110  
Brampton ON, L6T 3T6

Telephone: 905.450.4560

**Mandate:**

The Safe Centre of Peel is a safe and welcoming space where many agencies work together in one location. We offer support and compassionate care to adults, children and youth affected by abuse and violence in Peel. Our collaboration consists of 10 onsite agencies, 9 offsite partners, and a multitude of community partners serving hundreds of individuals every year in 12 languages.

**Core Programs & Services**

- Wrap Around Service for Adult Who Have Experienced Violence and Abuse
  - Safety planning
  - Housing support
  - Legal clinic
  - Counselling
  - System navigation
  - Settlement support
  
- Child minding available



Salvation Army – Honeychurch Family Life Resource Centre  
[www.peelregion.ca/housing](http://www.peelregion.ca/housing)

**Contact Information:**

**Email:** help@flrc.ca

**Telephone:** 905.451.4115

**Mandate:**

The Salvation Army Family Resource Centre (FLRC) is an emergency short term shelter in the Brampton area for women and their children escaping partner violence.

**Core Programs & Services**

- Counselling
- Children's Services
- Outreach
- Legal Support
- Housing
- Intake
- Groups
- Activities for Children and Youth



The Salvation Army – Women’s Counselling Centre  
[www.salvationarmyerinmills.ca/wcc.html](http://www.salvationarmyerinmills.ca/wcc.html)

**Contact Information:**

2460 The Collegeway  
Mississauga, ON  
L5N 6K3

Telephone: 905.820.8984 ext.870  
Fax: 905.820.2050

**Mandate:**

The Women’s Counselling Centre is a client centered therapeutic environment providing holistic counselling from a feminist perspective. Our clients are women in Peel Region who have experienced any form of abuse.

**Core Programs & Services**

- Counselling
- Psychoeducational Groups
- Legal Support
- Client Advocacy



## Victim/Witness Assistance Program

### Contact Information:

7765 Hurontario Street, 2<sup>nd</sup> floor  
Brampton, ON  
L6W 4S3

Telephone: 905.456.4797  
Telephone: 1.866.788.5678

### Mandate:

To provide information, assistance, and support to victims and witnesses of crime throughout the criminal court process in order to improve their understanding of, and participation in, the criminal court process. This is achieved by enhancing victim/witness understanding of and participation in the criminal justice system, assisting the victim/witness to regain a sense of well-being and to provide coordinator of community support structures to assist victims of crime.

### Core Programs & Services

- Information about the criminal justice system and client role in court
- Information about client rights under the Ontario Victims' Bill of Rights and Canadian Victims Bill of Rights
- Referrals to community agencies for counselling and other services
- Information about a private waiting area that may be available to client should they attend court
- Help to give information to the Crown Attorney
- Assistance to prepare for court (for trials, preliminary hearings)
- Preparation of Victim Impact Statements when required
- Updates about when client is required to be at court
- The latest information about other court dates at the request of the client.
- Assessing your accessibility needs and assisting with coordinating services to meet those needs





Victim Services of Peel  
[www.vspeel.org](http://www.vspeel.org)

**Contact Information:**

**Crisis: 905.568.1068**

Telephone: 905.568.8800

**Email:** [info@vspeel.org](mailto:info@vspeel.org)

**Mandate:**

To provide 24-hour crisis support to persons victimized by crime or circumstance.

**Core Programs & Services**

- Crisis Intervention
- South Asian Family Enrichment (S.A.F.E.)
- Transitional & Housing Support
- Community Information Sessions
- Victim Quick Response Program



La Maison  
[www.lamaison-toronto.org](http://www.lamaison-toronto.org)

### Contact Information:

**Shelter: 647.777.6433**

Telephone: 647.777.6419

**Email:** [info@lamaison-toronto.org](mailto:info@lamaison-toronto.org)

### Mandate:

To provide a safe environment for Francophone women in all their diversity, with or without children, who are struggling with domestic and family violence in order to support them in the recovery of their autonomy. The House is also involved in social strategies aimed at reducing women's vulnerability and asserting their rights.

### Core Programs & Services

- Accommodations and Support
- Accompaniment
- Program of activities
- Community Liaison



Vita Centre of Peel  
[www.vitamanor.org](http://www.vitamanor.org)

### Contact Information:

73 Watline Avenue, Suite 101  
Mississauga, ON L4Z 3E5

Telephone: 905.502.7933

Fax: 905.502.7868

**Email:** [info@vitacentre.org](mailto:info@vitacentre.org)

### Mandate:

Vita Centre is dedicated to excellent support, education and counselling for pregnant and parenting youth.

### Core Programs & Services

- One-to-one counselling
- Group Programs
- High School Completion



United Achievers Community Services  
[www.unitedachievers.org/](http://www.unitedachievers.org/)

**Contact Information:**

36 Queen Street East, Lower Level  
Brampton, ON

Telephone: 905.455.6789

**Email:** [uacs@unitedachievers.org](mailto:uacs@unitedachievers.org)

**Mandate:**

To provide culturally-relevant programs and services to inspire residents in the Region of Peel, primarily from Black and Caribbean communities, to make positive changes in their lives and within their communities.

**Core Programs & Services**

- **Fresh Start for Women** – for women and their dependent children who are suffering the effects of abuse
- **Building Healthy Families** – in which we receive referrals from the Peel Children’s Aid Society to counsel parents whose children are involved with the society.
- **Healthy, Active & Wise Seniors** – provides seniors with outlets to reduce their feelings of loneliness and isolation, promote healthy lifestyles and participate in activities to build relationships
- **Arts, Literacy & Tutoring Club** – an after-school program for children ages 6 to 13 where they engage in civic activities while developing skills in subjects they are struggling with in school
- **Summer Day Camp** – for ages 6 to 14 where children are kept active through the summer vacation with various arts, crafts and other learning opportunities
- **Youth Entrepreneurship Mentorship Program** – this program, which is offered through the Services for Black Children, Youth & Families, is geared toward youth 16 to 24 years who are entrepreneurs or aspire to own their business.





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The Peel Committee Against Woman Abuse  
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for  
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An agency of the Government of Ontario  
Un organisme du gouvernement de l'Ontario



**United Way**



Peel Committee Against Woman Abuse (PCAWA)  
P.O. Box 45070  
Mississauga, ON L5G 1C9  
Telephone: 905.823.3441  
Email: [pcawa@pcawa.org](mailto:pcawa@pcawa.org)  
[www.pcawa.net](http://www.pcawa.net)