



Quick Reference Guide

April 2019

PCAWA
PEEL COMMITTEE AGAINST WOMAN ABUSE

WORKING TOGETHER TO **END VIOLENCE** AGAINST WOMEN

Violence Against Women Community Services

Agency Name		Telephone Number	Page
1. Alliance for South Asian AIDS Prevention ASSAP		416.599.2727	7
2. African Community Services		905.460.9514	8
3. Armagh		905.855.0299	9
4. Brampton Multicultural Community Centre	Central Park County Court	905.790.8482 905.790.8482	11
5. Canadian Mental Health Association		905.451.2123	12
6. Catholic Cross-Cultural Services	Brampton Mississauga	905.457.7740 905.273.4140	14
7. Catholic Family Services of Peel-Dufferin		905.450.1608	15
8. Trillium Health Partners Sexual Assault/Domestic		905.848.7580 x 2548	16

Violence Services – Chantel’s Place			
9. DisAbled Women’s Network		514.396.0009	17
10. East Mississauga Community Health Centre		905.602.4082	18
11. Elizabeth Fry Society of Peel-Halton		905.459.1315	19
12. Embrave Agency to End Violence (formerly Interim Place)	South North	T: 905-676-0257 Crisis line: 905-403-0864	30

13. Family Services of Peel		905.270.2250	21
14. Family Transition Place		905.584.4357	22
15. Fem’aide		1.877.FEM.AIDE	23
16. HEAL Network (Helping End Abuse for Life)		905.450.1608 x 119	24

17. Hope 24/7	Brampton	1-800-810-0180	25
18. Indus Community Services		905.275.2369	26
19. Malton Neighbourhood Services		905.677.6270	29
20. Metis Nation of Ontario		613.798.1488	30
21. MOYO Health & Community Services		905.361.0523	32
22. Muslim Community Services		905.790.1910	34
23. Newcomers Centre of Peel		905.306.0577	35
24. OASIS Centre Des Femmes		1.877.336.2433 TTY: 1.866.860.7082	36

25. Our Place Peel		905.238.1383	37
26. Peel Aboriginal		905.712.4726	38

Network			
27. Peel Children's Aid Society		905.363.6131	39
28. Peel Children's Centre		905.795.3500	40
29. Peel Elder Abuse Network		905.459.7777	41
30. Peer Family Mediation Services		905.453.7795	Error! Bookmark not defined.
31. Peel Institute of Violence Prevention		905.270.2250	42
32. Peel Regional Police	Emergency Non-Emergency	911 905.453.3311	43
33. Punjabi Community Health Services		905.677.0889	44
34. Rapport Youth Services		905.455.4100	45
35. Region of Peel – Ontario Works		905.791.7800	46

36. Region of Peel – Housing		905.791.7800	47
37. Regional Diversity Roundtable		905.232.7371	48
38. Safe Centre of Peel		905.450.4650	49

39. Salvation Army – Honeychurch Family Life Resource Centre		905.451.4115	50
40. Spectra Helpline	Brampton Mississauga Caledon TTY	905.459.7777 1.877.298.5444 905.278.4890	51
41. The Salvation Army – Women’s Counselling Centre		905.820.8984 x 870	53
42. Victim/Witness Assistance Program		905.456.4797	54
43. Victim Services of Peel		905.568.1068	55
44. La Maison		647.777.6433	56

45. Vita Centre of Peel		905.502.7933	57
46. United Achievers Community Services		905.455.6789 x 21	58
47. WellFort Community Health Services		905.451.6959	59

Description of Services

- **Crisis Response:** Immediate one-time response or intervention to an urgent service request by a woman in a crisis situation. It consists of a counselling session in person or by phone, information if requested by the client, service options and a copy of the Safety Plan.

- **Crisis Support Services:** The primary purpose is to ensure that the client is connected with the woman abuse service system in the community. The service consists of brief service intervention (1-6 sessions) until Friday Stage Counselling services can be provided.

- **First Stage Counselling:**

The focus is on safety and health issues, information on the rights of women and children, providing one-on-one support in accessing appropriate community resources, empowering women to take proactive actions most appropriate to their situation.

- **Second Stage Counselling:** Counselling services for women who no longer live in abusive relationships or who choose to remain with their partners and learn to self-protect if future abuse occurs. The focus is on developing a more in-depth understanding of woman abuse and empowering women.

Alliance for South Asian AIDS Prevention
(ASSAP)

www.asaap.ca

Contact Information:	
120 Carlton Street, St #315 Toronto, ON M5A 4K2, Canada Email: info@asaap.ca	Telephone: 416.599.2727
Mandate:	
(ASAAP) provides HIV/AIDS, sexual health and support services for South Asian communities in the Greater Toronto Area.	
Core Programs & Services	
<ul style="list-style-type: none"> • HIV Prevention • Living with HIV/AIDS • Community Development • SAFE Program 	
Language Services Offered	
<ul style="list-style-type: none"> • English • Tamil • Hindi • Urdu 	<ul style="list-style-type: none"> • Gujarati • Bengali • Arabic • Nepali

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Contact Information:	
10 Gillingham Drive, Unit 308 Brampton, ON L6X 5A5 Email: info@africancommunityservices.com	Telephone: 905.460.9514 Fax: +1 905.460.9769
Mandate:	
Our Mission is to improve the quality of life of members of the newcomer community in Peel by providing them with the support, information and services necessary for healthy integration into Canadian Society	
Core Programs & Services	
<ul style="list-style-type: none"> • • Newcomer Settlement • • Employment Support • • Summer Youth Employment • • Youth Development • • Violence Abuse and Prevention • • Seniors Program • • Women and Families • • Health and Wellness • • Volunteer Training and Development Program • • Community Engagement • • Mental Health and Wellness 	

Contact Information:	
<p>Armagh PO Box 52581 1801 Lakeshore Road W Mississauga, ON L5J 4S6</p> <p>Email: armagh@rogers.com</p>	<p>Telephone: 905.855.0299 Fax: 905.855.3189</p>
Mandate:	
<p>Providing women with a second-stage supportive housing program serving the Region of Peel. We offer a safe and supportive environment for women, with or without children. We believe that every person has the right to live without fear of physical, psychological, emotional, sexual, or financial abuse. We believe that women and men should have equal opportunities to develop their potential to live full and rich lives. We believe that all women have the right to decide for themselves the direction which their lives will take, according to their personal values and needs.</p>	

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Core Programs & Services	
<p>Supportive Counselling</p> <ul style="list-style-type: none"> • Individual and Group Counselling • Safety Plans • Budgeting 	

- • Life Skills
- • Parenting/Active parenting
- • Conflict Resolution
- • Expressive Art Therapy
- • Emergency First Aid and CPR
- • Homework Assistance
- • Paws to Read (Matches child who struggles to read with certified therapy dogs)
- • Tools for Life (relationship-building interactive resources for children 3-13)
- • Follow up support services for up to one year once the woman moves into the community.

Healthy Body, Healthy Mind

- • Understanding your emotion
- • How to channel anger
- • How to help keep yourself less vulnerable
- • Emotions: what to do with them
- • Self-Esteem
- • Yoga
- • Laughter Yoga
- • Self-Care
- • Stress Techniques/Reflexology

Referral, Information and Advocacy

- • Income Assistance
- • Education Programs
- • Counselling Services
- • Legal Aid Ontario
- • Parenting Support Resources
- • Social and recreational programs for women and children

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Contact Information:	
<p>Brampton Locations 150 Central Park Drive, Suite 107 Brampton, ON L6T 2T9</p> <p>197 County Court Blvd., Suite 303 Brampton, ON L6W 4P6</p> <p>Email: services@bmccentre.org</p> <p>*ADDITIONAL LOCATIONS LISTED ON WEBSITE*</p>	<p>Telephone: 905.790.8482 Fax: 905.790.8488</p> <p>Telephone: 905.790.8482 Fax: 905.874.6100</p>
Mandate:	
<p>To enhance the capacity of newcomers to participate more effectively in our communities. To partner with other service providers and organizations to strengthen the response capacity of the settlement sector. To work collectively with other community actors to facilitate better use of newcomers' knowledge and talents in Canadian workplaces.</p>	
Core Programs & Services	
<ul style="list-style-type: none"> • • Community Connections – Schools • • Community Connections – Library • • Employment Services • • Newcomer Settlement Services • • Mind your Health • • Seniors Program • • Volunteer Management <p>YOUTH SERVICES</p> <ul style="list-style-type: none"> • • New Direction (Gang Prevention & Intervention) • • Be the Change • • Peel Good Start 	<p>Back to Top</p>

Contact Information:	
<p>Peel Location Canadian Mental Health Association 7700 Hurontario Street, Suite 314 Brampton, ON L6Y 4M3</p> <p>Email: info@cmhapeel.ca</p>	<p>Telephone: 905.451.2123 Fax: 905.456.7492</p>
Mandate:	
<p>To provide a wide range of innovate services and supports to people who are experiencing mental illness and their families.</p>	
Core Programs & Services	
<p>Access Intake, Information, Referrals</p> <ul style="list-style-type: none"> • 24.7 Crisis Support Peel Dufferin • System wise <p>Education</p> <ul style="list-style-type: none"> • Wellness Now • Wellness Works • Displays <p>Brief Services</p> <ul style="list-style-type: none"> • Family Support • Mental Health Counselling • Substance Use <p>Individual Support Services</p> <ul style="list-style-type: none"> • Access to Recovery • Assertive Community Treatment • Team • Early 	<p>Back to Top</p>

	<p>Group and Peer Support Programs</p>
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	<ul style="list-style-type: none">• •Concurrent Disorders Support• •Programs• • Recovery West• • Housing and Homelessness• • Mental Health and Justice• • Seniors• • Youth• • Client Rights
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Contact Information:	
<p>Brampton Location 8 Nelson Street West, Suite 302 Brampton, ON L6X 4J2</p> <p>Mississauga Location 3660 Hurontario Street, 7th Floor Mississauga, ON L5B 3C4</p>	<p>Telephone: 905.457.7740</p> <p>Telephone: 905.273.4140</p>
Mandate:	
<p>Catholic Cross-Cultural Services (CCS) is a charitable organization providing services that assist in the settlement and integration of immigrants and refugees.</p>	
Core Programs & Services	
<ul style="list-style-type: none"> • • Crisis Intervention and Support • • Short-term solution focused one-on-one counselling including the development of transition and safety strategies • • Information on rights and options, advocacy and referral services • • Connection to services in the community that address legal, housing, financial and long-term counselling needs • • Language-specific support groups for women • • Transitional Housing Support to help find and maintain housing 	

Contact Information:	
<p>The Honorable William G. Davis Centre for Families 60 West Drive, Suite 201 Brampton, ON L6T 3T6</p> <p>Email: info@cfspd.com</p>	Telephone: 905.450.1608 Fax: 905.450.8902
Mandate:	
<p>Catholic Family Services Peel-Dufferin is a multi-service agency that services individuals, couples, and families who live or work in the Regions of Peel and Dufferin. We support the entire community, newcomers, immigrants and people of all faiths and backgrounds.</p>	
Core Programs & Services	
<p>Counselling Services Walk-in counselling clinic Individual Couple & Family Counselling and Psychotherapy</p> <p>Violence in Family Relationships Individual, Couple & Family Counselling and Psychotherapy</p> <ul style="list-style-type: none"> • Partner Assault Response • HEAL network services • Safe Centre of Peel <p>Group Support</p> <ul style="list-style-type: none"> • Wellness Groups • Group Counselling 	

Trillium Health Partners Sexual Assault/Domestic Violence Services –
 Chantel’s Place
www.trilliumhealthpartners.ca

Contact Information:	
100 Queensway West Mississauga, ON L5B 1B8	Telephone: 905.848.7580 x 2548 Counselling: 905.848.7689
Mandate:	
Medical, forensic and/or counselling services to recent sexual assault and/or domestic violence survivors.	
Core Programs & Services:	
<ul style="list-style-type: none"> • Acute medical care for survivors of sexual assault • Acute medical care for survivors of domestic violence • 24-hour services • Forensic services • Follow-up services (counseling and medical) • Community resources 	

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DisAbleD Women's Network

<https://dawncanada.net/>

Contact Information:	
469, Jean Talon W. #215 Montréal, QC H3N 1R4	Telephone: 514.396.0009 Counselling: 514.396.6585
Mandate:	
DAWN is an organization that works towards the advancement and inclusion of women and girls with disabilities and Deaf women in Canada. Our overarching strategic theme is one of leadership, partnership and networking to engage all levels of government and the wider disability and women's sectors and other stakeholders in addressing our key issues.	
Core Programs & Services:	
<ul style="list-style-type: none">• Girls Without Borders• Do the Rights Thing• Youth the Future	

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Contact Information:	
7-2555 Dixie Road Mississauga, ON L4Y 4C4 Email: mississauga@lampchc.org	Telephone: 905.602.4082 Fax: 905.602.5432
Mandate:	
We strive to improve quality of life by supporting people to reach their full potential.	
Core Programs & Services:	
<p><i>Medical Services</i></p> <ul style="list-style-type: none"> • Primary Health Care • Chiropody (Foot Care) • Physiotherapy Program • Diabetes Education • Nutrition Counselling • Dental Health Care <p><i>Community/Social Support Programs</i></p> <ul style="list-style-type: none"> • Health Promotion • Seniors' Wellness • LBTTIQQ2S • Mental Wellness • Social Work • Client Advocacy 	

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Contact Information:	
44 Peel Centre Drive, Suite 200 Mississauga, ON L9T 4B5 Email: efry@efrypeelhalton.ca	Telephone: 905.459.1315 Fax: 905.459.1322
Mandate:	
We will be a tireless and strong champion within the Peel-Halton Region for the appropriate and non-discriminatory delivery of programs and services to women and youth who are	
Core Programs & Services:	
<p>Youth:</p> <ul style="list-style-type: none"> • Girls in the Know • Youth-NOW • Female Mobile Support • Attendance Centres • Youth Resources • Empowering Against Exploitation & Empowering Girls Against Exploitation • Follow up & Aftercare • Marjorie Armos Residence • Court Support Services for Youth • Building Resiliency in Girls • CARDOW • Intentional Sector Collaboration <p>Adults:</p> <ul style="list-style-type: none"> • CAROW • International Sector Collaboration • Vanier Centre for Women-Change Is a Choice Program • Women's Transitional Residence • Ellen House • CSO Programs 	Back to Top

	<ul style="list-style-type: none"> • Pre-Disposition Community Services
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	<ul style="list-style-type: none">• • Alternative Measures• • Community Justice Worker• • Bonnie McPhee Residence• • Mother Child Program• • Intermittent Community Work Program• • Community Counselling• • Adult Court Counselling Service• • Drug Treatment Court, Diversion Program• • Direct Accountability Program• • Court Support Program
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Contact Information:	
151 City Centre Drive, Suite 501 Mississauga ON, L5B 1M7 Email: fsp@fspeel.org	Telephone: Office: 905.270.2250 Intake: 905.453.5775
Mandate:	
As a multi-service agency, we provide professional counselling, educational programs, employment support services, support for people developmental disabilities and their families, as well as support for victims of violence and abuse. Sensitive to cultural and social diversity, Family Services of Peel is a community-based agency that works to strengthen families, couples and individuals through guidance, coaching, mentoring, education and support.	
Core Programs & Services:	
<ul style="list-style-type: none"> • • Counselling • • Drop in group and counselling for women experiencing violence • • Drop in, peer to peer, group and counselling for men who have experienced early childhood abuse • • Abuse prevention programs (men’s program, PAR, seniors, VAW) • • Program for people with Developmental Disabilities – SIL / APSW / at risk of being homeless • • Employment (for youth and adults) • • Families and Schools Program • • Human trafficking • • Research (Syrian refugees and trauma) 	

Contact Information:	
20 Bredin Pkwy Orangeville, ON L9W 4Z9	Telephone:1.905.584.4357 Fax: 519.942.8243
Mandate:	
Since 1984, Family Transition Place (FTP) has been providing critical services to women and their children who have experienced abuse and unhealthy relationships. Inside FTP's doors, women find a warm and welcoming place where their safety and well-being is the most important thing in the world.	
Core Programs & Services:	
<ul style="list-style-type: none"> • • Emergency Shelter • • Second Stage housing • • Transitional, Legal and Housing Program • • Counselling • ○ Individual and Group Counselling for Women • ○ Caring Dads • ○ Sexual Assault Counselling • ○ Mothers Changing Paths • ○ Child Witness Program • ○ Rural Response Program • ○ Workshops for Women, Men, and Children 	

Contact Information:	
	Telephone: 1.877.FEM.AIDE ATS: 1.866.860.7082
Mandate:	
<p>Fem'aide offers French-speaking women who have experienced gender-based violence, support, information and referral to appropriate front-line services within their communities, 24 hours a day, 7 days a week. Fem'aide can also respond to requests for information made by family and friends of women who are victims of violence. The helpline's main focus is to assist women who have experienced violence in an intimate relationship and women who have been sexually assaulted. Fem'aide uses a feminist approach empowering women to identify their own needs and to make their own informed decisions.</p>	
Core Programs & Services	
<ul style="list-style-type: none"> • Provides non-judgmental, high quality intervention that is grounded in a feminist framework of violence against women. • Offers services that integrate an anti-oppression analysis. • Offers French language services that recognize the regional and ethnocultural diversity of the Francophone community in Ontario. • Advocates equality and accessibility to French Language Services regardless of location within Ontario. • Partners with other service providers that offer services for prevention of violence against women and with other organizations that serve the Francophone community. 	<p>Back to Top</p>

HEAL Network (Helping End Abuse for Life)

<http://cfspd.com/community-programs/the-heal-network/>

Contact Information:	
Catholic Family Services	Telephone:905.450.1608 x119
Mandate:	
Dedicated to helping children in the Region of Peel heal from their exposure to woman abuse, strengthen family and stop family violence.	
Core Programs & Services:	
<ul style="list-style-type: none"> • Helping Mothers and Children Survive Abuse Together (HMCSAT) <ul style="list-style-type: none"> ○ This is a ten-week closed group for women, and their children, ages newborn to 12 years, who have been impacted by their exposure to woman abuse. The focus of the group is to empower women in becoming the experts in helping their children learn how to lead violence-free lives. Multicultural and Cultural/Language specific groups are available. • Alternative Intervention Program: <ul style="list-style-type: none"> ○ This is a program intended for families who require additional support. Families may be referred to this program when there is help needed with: <ul style="list-style-type: none"> ○ Acute Trauma ○ Managing impacts of trauma ○ Relationship building between the caregiver and the child ○ Enhancing parenting skills ○ Developing conflict resolution skills 	

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Contact Information:	
10 Gillingham Drive, Suite 305 Brampton, ON L6X 5A5	Telephone:905.792.0821 Fax: 905.792.1567 Crisis Line: 1.800.810.0180
Mandate:	
<p>Hope 24/7 is a charity organization that offers psychotherapy services for all persons 12 & older who have been impacted by relationship & sexual violence. We are the provincially designated Sexual Assault Centre (SAC) for the Region of Peel, and serve a population of more than 1.4 million people. Our aim is to assist those individuals who have experienced traumatic interpersonal violence through evidence-based treatment and prevention programming so that we can actualize our vision of a community without relationship and sexual violence.</p>	
Core Programs & Services:	
<ul style="list-style-type: none"> • • Clinical Services • • Crisis Services <ul style="list-style-type: none"> ○ Individual, Couple & Family Psychotherapy ○ Psychotherapeutic Groups ○ Psychoeducational Workshops ○ Critical Incident Debriefing ○ Trainings ○ Clinical Supervision • • Fee-Based Services <ul style="list-style-type: none"> ○ In-person 1-on-1 and Family Psychotherapy ○ Therapeutic Groups ○ Psychoeducational Workshops • • Crisis Line 	

Contact Information:	
3038 Hurontario Street, Suite 206 Mississauga, Ontario L5B 3B9 Email: info@induscs.ca	Telephone:905.275.2369 Fax: 905.275.6799
Mandate:	
We are committed to supporting our growing communities to manage change through quality, client-centred social and health services and responsive public education.	
Core Programs & Services:	
<ul style="list-style-type: none"> • • Risks Assessment • • Local and International Safety Planning • • Crisis Intervention and supportive counselling (short term) • • Parenting and youth counselling • • Facilitate direct referrals to Short Stay Crisis Support Program (SSCS and Supportive Housing of Peel centralized intake) • • Settlement and Immigration services • • Direct support to understand the family court system by debriefing outcomes of court appearances and lawyers appointments • • Assistance in documenting the history of abuse Accompaniment during Family court proceedings where appropriate • • Monthly legal clinics for legal matters (i.e. Immigration, tenant rights, employment rights) • • Assistance applying for Legal Aid Certificates • • Commission of Oath 	

Contact Information:	
<p>24 Hour Crisis Lines:</p> <p>Tel: 905.403.0864. 905.676.8515 TTY:905.403.0453 905.676.0284</p> <p>Toll-Free: 1.855.676.8515</p>	<p>Community Support & Outreach Central Intake Lines: Tel: 905.676.0257 TTY: 905.676.1413 Toll-Free: 1.855.676.0257</p>
Mandate:	
<p>To provide shelter, support, counselling and advocacy to help abused women and their children break the cycle of violence. We are women-centered, anti-racist, anti-oppressive, non-profit organization serving the diverse population of the Region of Peel.</p>	
Core Programs & Services:	
<p>Agency Programs:</p> <ul style="list-style-type: none"> • Two Emergency Shelters for women experiencing violence. The 24-hour Emergency Shelters provide up to 54 beds in two confidential locations. Women with or without children can stay up to 4 months. • Two 24 hour Crisis Lines for women to access crisis supports who have experienced violence giving in the community. • The Community Support and Outreach Program provides support to women living in the community who have experienced violence or transitioning from the shelter to community. • The Central Intake Line operated through our Community Support and Outreach Program provides coordinated access to Transitional Housing Supports in Peel Region. 	<p>Back to Top</p>

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	<ul style="list-style-type: none"> • • Our Public Education program provides free workshops, training and education opportunities for schools, organizations, and workplaces across Peel. Workshops are tailored to the needs of the organization and topics covered include: healthy and unhealthy relationships, bullying and harassment, gender and self-esteem, consent and sexual violence, empowerment skills for girls and women. <p>Services provided:</p> <ul style="list-style-type: none"> • • Individual counselling supports for women and children. • • Risk assessment & individual safety planning for women and children. • • Case management supports. • • Transition planning and assistance (from home to shelter, shelter to community, shelter to shelter). • • Advocacy services includes; legal assistance and court support, family, immigration, criminal and civil matters. • • Information and referrals to community supports and services. • • Accompaniment to legal, housing, Ontario Works and other appointments as required to support women and children. • • Support/educational groups for women and children. • • Support for women to locate safe, affordable and permanent housing accommodations. • • Practical supports to obtain food, clothing, identification, healthcare and day care. • • Harm Reduction Supports. • • Services are provided in woman’s first language.
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Contact Information:	
3540 Morning Star Drive Mississauga, ON Email: info@mnsinfo.org	Telephone: 905.677.6270 905.677.6281 Fax:
Mandate:	
Dedicated to supporting the creation of connected, safe and strong communities by offering and engaging in activities that recognize and respect the diversity of the neighbourhoods it serves.	
Core Programs & Services	
<ul style="list-style-type: none"> • • Newcomer Support: <ul style="list-style-type: none"> ○ Settlement Workers ○ Settlement in Schools (MSEP) ○ MNS IRIS ○ Notary Public & Commissioner • • English Classes: <ul style="list-style-type: none"> ○ Language Bench Marks ○ Computer Skills ○ Conversation Circles • • Community Support: <ul style="list-style-type: none"> ○ Job finding Services ○ Free Legal Clinic ○ Community Computers ○ Women's Services • • Family Programs: <ul style="list-style-type: none"> ○ Early Years ○ Youth ○ Seniors ○ Lion ○ Free Dental Clinic for Children ○ Spanish Speaking Group 	<p style="text-align: right;">Back to Top</p>

Contact Information:	
<p>Metis Nation of Ontario 66 Slater Street, Suite 100 Ottawa, ON K1P 5H1</p>	<p>Telephone: 613.798.1488 Fax: 613.722.4225</p>
Mandate:	
<p>We, the Metis Nation, have the inherent right of self-determination and self-government; We, the Metis who live within the Metis Homelands of Ontario, desiring to bind our people together to collectively promote our common cultural, social, political, and economic well-being, have founded the Metis Nation of Ontario, to be our representative body with the following aims and objectives:</p> <p>to research, publish and promote the genealogical documentation of the Metis, and to establish and maintain a registry of the Metis Citizens of Ontario;</p> <p>to establish democratic institutions based on our inherent right of self-government;</p> <p>to encourage the full participation of all Metis in the Metis Nation;</p> <p>to promote and foster community development;</p> <p>to re-establish land and resource bases;</p> <p>to develop prosperity and economic self-sufficiency within the Metis Nation;</p> <p>to provide care and support necessary to meet the fundamental needs of the citizens of the Metis Nation;</p>	<p>Back to Top</p>
	<p>to promote the improved health and wellness of the individual, the family and whole Metis</p>

	<p>community;</p> <p>to establish effective means of communication for the Metis Nation</p> <p>to encourage academic and skills development and to enable citizens of the Metis Nation to attain their educational aspirations;</p> <p>to promote the history, values, culture, languages and traditions of the Metis Nation and to create an awareness of our proud heritage;</p> <p>to promote Metis artistic and cultural achievement;</p> <p>to ensure that Metis can exercise their Aboriginal and Treaty rights and freedoms and in so doing, act in a spirit of cooperation with other Aboriginal and non-Aboriginal people;</p> <p>to establish good relations and maintain our historic alliances with all Aboriginal peoples for the pursuit of our common interests and goals;</p> <p>to continue our affiliation with the Metis National Council for the representation of the interests of the Metis Nation in Ontario at the National and International levels;</p> <p>to gain the recognition and respect of the Metis as a Nation and a people;</p> <p>to protect and preserve the land and waters within our homelands for future generations.</p>
<p>Core Programs & Services</p>	
<ul style="list-style-type: none"> • Economic Development • Education & Training • Healing & Wellness • Infinity Property Services • Intergovernment Relations • Lands, Resources & Consult. 	

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Contact Information:	
Peel HIV/AIDS Network 601-7700 Hurontario Street Brampton, ON L6Y 4M3 Email: info@phan.ca	Telephone: 905.361.0523 905.595.1443 Fax:
Mandate:	
Working together to improve the health and prosperity of communities in Peel.	
Core Programs & Services	
<ul style="list-style-type: none"> • Living with HIV: Employment ACTion • Harm Reduction • African, Caribbean & Black Health Promotion • GBTQMSM Men’s Health: Totally Outright • Women’s Health: Sex Worker Drop-In 	

Contact Information:	
304 – 150 Central Park Drive Brampton, ON L6T 5S9	Telephone: 905.790.1910 Fax: 905.460.9769
Mandate:	
MCS is a group of diverse professionals dedicated to enhancing newcomer community engagement. We offer a wide range of services and learning opportunities to connect newcomers to be better future in the ever-changing Canadian Society.	
Core Programs & Services	
<ul style="list-style-type: none"> • • LINC (Language Instruction for Newcomers to Canada): <ul style="list-style-type: none"> • ○ Free English Classes & free Childcare for eligible participants • • Family Support Program: <ul style="list-style-type: none"> • ○ Supportive Counselling • ○ Support for women and children exposed to family violence • ○ Prevention • ○ Education • ○ Information and Referrals • ○ Settlement and Integration Services with collaboration of sister organization Brampton Multicultural Community Center offering <ul style="list-style-type: none"> • ○ Orientation • ○ Information • ○ Translation and Interpretation • ○ Job Board & Job Placement • ○ Resume Preparation & Assistance • ○ Interview & Job Search Techniques • • Senior Program: <ul style="list-style-type: none"> • ○ Cultural and Linguistic Support; Peer Support • ○ Monthly Guest Speakers on different topics of interest • ○ Recreational and Social Activities 	<p style="text-align: right;">Back to Top</p>

Contact Information:	
165 Dundas Street West, Suite 116 Mississauga, ON L5B 2N6	Telephone: 905.306.0577 Fax: 905.306.1275
Mandate:	
Touching the lives of people by providing quality, customized and innovative settlement services in a safe, confidential and respectful environment.	
Core Programs & Services	
<ul style="list-style-type: none"> • • Counselling: • ○ Civic Rights, Responsibilities and Canadian Values • ○ Canadian Law and Justice • ○ Employment • ○ Continuing Education • ○ Finances and taxation processes in Canada • ○ Mental Health • ○ Trauma Support Counselling • ○ Parenting • ○ Nutrition, health and physical wellness • ○ Community participation and volunteerism • • Services: • ○ Translation, interpretation and document certification • ○ Community service referrals and bridging programs • ○ One-on-One and group sessions/workshops • ○ Various Community Activities for Youth, Adults and Seniors 	
Language Services Offered	
<ul style="list-style-type: none"> • • English • • French • • Arabic • • Belarussian • • Farsi • • Hebrew • • Ukrainian 	<ul style="list-style-type: none"> • • Hindi • • Mandarin • • Polish • • Punjabi • • Russian • • Spanish • • Tamil

• • Urdu

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Contact Information:	
Fem'aide French Crisis Line:	Telephone: 1.877.336.2433 TTY: 1.866.860.7082
OASIS Admin Line	416-591-6565
Mandate:	
To support and provide services to women in a space where they will be listened to without being judged, and where a woman's perspective of her abuse or assault is the focus.	
Core Programs & Services	
<ul style="list-style-type: none"> • Workshops • Counseling • Momentum: Preparation for Dynamic Life • Family Court Support • Transitional Support and Housing • Individual Support for Immigration and Refugee 	

Our Place Peel

<http://www.ourplacepeel.org/>

Contact Information:	
3579 Dixie Road Mississauga, ON L4Y 2B3 Email: info@ourplacepeel.org	Telephone: 905.238.1383 905.648.4046 Fax:
Mandate:	
At our Place Peel, we're investing in the future of our community and country by providing homeless and disadvantaged youth the confidence and skills to obtain housing, overcome problems of their past and become financially independent.	
Core Programs & Services	
<ul style="list-style-type: none">• • Emergency Youth Shelter• • Resource Room• • Transitional Housing Program• • H.Y.P.E. (Helping Youth Prepare Effectively)	

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Contact Information:	
208 Britannia Road East, Unit 1 Mississauga, ON L4Z 1S6 Email: info@theindigenousnetwork.com	Telephone: 905.712.4726 905.712.9803 Fax:
Mandate:	
In 2009 PAN opened as a Cultural Center to provide a social setting to foster cultural awareness and education and provide services and support to the Aboriginal community in the Region of Peel.	
Core Programs & Services	
<ul style="list-style-type: none"> • Aboriginal Housing Services • Food and Clothing Bank • Employment Counseling • Traditional Healing and Wellness • Aboriginal Legal Services • Aboriginal Family Mediation • Aboriginal Youth Services • Indigenous Alternative School • Drum Workshops • Drumming Circles • Music Lesions • Movie Nights • Traditional Arts & Crafts • Dream Catcher Workshops • Beading • Regalia Workshops • Nutritional Bingo • Full Moon Ceremonies • Talking Circles • Community Education 	Back to Top

Contact Information:	
6860 Century Avenue Mississauga, ON L5N 2V8 Email: mail@peelcas.org	Telephone: 905.363.6131 905.363.6133 Fax:
Mandate:	
To ensure the safety and well-being of children and strengthen families through partnership.	
Core Programs & Services	
<p>Peel Children’s Aid protects children from abuse and neglect and helps parents and caregivers build healthy families. In addition to protecting children, which is done with the support of our Peel community, Peel CAS works with families who may be facing challenges such as poverty, unemployment, ill health, domestic violence, mental health issues, or caring for a child who has serious physical, emotional or developmental difficulties. Some families also just need parenting support. The best way to deal with child abuse and neglect is to prevent it. If there is a concern – please call.</p> <p>By working together with families, we can often stop or change circumstances which may lead to a child being abused or neglected. We encourage families who need help to contact our agency before problems escalate so we can help you care for your children in a more positive way.</p>	

Contact Information:	
85A Aventura Court Mississauga, ON L5T 2Y6	Telephone: 905.795.3500
Mandate:	
To enrich the lives of children and youth who experience social, emotional and/or behaviour challenges by providing a continuum of high-quality mental health services.	
Core Programs & Services	
<ul style="list-style-type: none"> • Arson Prevention • Child Witness • Concurrent Disorders (Mental Health and Substance Use) • Connect • Counselling Services • Court Clinic • Crisis Response • Day Treatment • Echo Treatment • Group Services • ICF (0-6) & (7-17) • Intensive Supports and Resource Coordination Program • Parent-Operated Residential • Peel Inclusion Resources Services • Peel Infant-Parent Program • Peel Wraparound Process-Children's Mental Health • Peel Wraparound Process-Developmental Services • Peel Wraparound Process-Adolescent Team • Psychiatric Services • Psychological Services • Residential Treatment • Respite Services 	<ul style="list-style-type: none"> • School-Based Services • Sexual Abuse Treatment • Tangerine Walk-In Counselling <p>Back to Top</p>

Peel Elder Abuse Network

<http://www.peapn.ca/>

Contact Information:	
60 West Drive, Suite 204 Brampton, ON L9T 3T6	Telephone: 905.459.7777 1.866.299.1011 Toll Free:
Mandate:	
To promote the optimal Quality of Life for older adults in Peel Region.	
Core Programs & Services	
<ul style="list-style-type: none">• Peel Elder Abuse Support Program• Elder Abuse Prevention• Elder Abuse Protocol• Safe Housing Program• Scams and Fraud Prevention	

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Contact Information:	
<ul style="list-style-type: none"> • A. Grenville & William Davis Courthouse <p>Room 250 (second floor, near courtroom 201) 7755 Huronario Street Brampton, ON L6W 4T1</p>	<p>Telephone: 905-453-7795 Fax: 905.453.7796</p>
Mandate:	
<p>To meet the demand for accessible quality family law mediation and public education services in Peel.</p>	
Core Programs & Services	
<ul style="list-style-type: none"> • On-Site Mediation • Off-Site Mediation • Mandatory Information Programs 	

Peel Institute of Violence Prevention

<https://fspeel.org/peel-institute/research-development/>

Contact Information:	
151 City Centre Drive, Suite 501 Mississauga ON L5B 1M7	Telephone: 905.270.2250
Mandate:	
Peel Institute on Violence Prevention (PIVP), the research arm of Family Services of Peel was established as a collaborative initiative focusing on the prevention of all forms of violence in Peel. Grounded in an anti-oppression, anti-racism framework, PIVP operates from a data-driven, evidence-informed, impact evaluation model. It includes the combined perspectives of the diverse population of Peel, clients, survivors, service providers, community agencies, and academia.	

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Peel Regional Police

<https://www.peelpolice.ca/en/who-we-are/contact-us.aspx>

Contact Information:	
7150 Mississauga Road Mississauga, ON L5N 8M5	Emergency: 911 Non-Emergency: 905.453.3311
Mandate:	
Peel Regional Police is committed to our Vision of “A Safer Community Together”. Everything we do is driven by our Mission, Vision and Values and we pride ourselves in being accountable to our community	
Core Programs & Services	
<ul style="list-style-type: none">• Peel Regional Police currently has 5 operational Divisions, operating 7 days a week, 24 hours a day, to meet the needs of victims/families dealing with domestic/family violence. In addition, the Square One Community Station is also available with reduced hours of operation. Officers will respond to complaints of domestic/family disputes, and documents same. In all situations a comprehensive investigation will be conducted. The safety needs of the victim/family will be addressed and where reasonable grounds exist to believe an offence has occurred, the appropriate charges will be laid.	

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Contact Information:	
2980 Drew Road, Unit #241 Mississauga, ON L4T 0A7 • Email -info@pchs4u.com	Telephone: 905.677.0889
Mandate:	
To provide health, settlement and social services to improve the quality of life of individuals, families and diverse communities.	
Core Programs & Services	
<ul style="list-style-type: none"> • • Mental Health • • Addictions • • Settlement • • Geriatrics • • Better Families Program • • Community Development & Social Enterprise 	

Contact Information:	
71 West Drive, Unit 37 Brampton, ON L6T 5E2	Telephone: 905.455.4100
Mandate:	
To strengthen the social and emotional well-being of youth and families through counselling and related support services.	
Core Programs & Services	
<ul style="list-style-type: none"> • Youth Counselling • Counselling for Families at Risk • ECLYPSE Youth Centres • ECLYPSE After School Program • Group Services • Youth Arts Against Violence 	

Region of Peel – Ontario Works
<http://www.peelregion.ca/help/ontario-works/>

Contact Information:	
10 Peel Centre Drive Suite A and B Brampton ON, L6T 4B9	Toll-free: 1.888.919.7800 Telephone: 905.791
Mandate:	
The Region of Peel provides financial help for people in need.	
Core Programs & Services	
<ul style="list-style-type: none"> • Apply for Ontario Works • Get Help Paying for Funeral Arrangements • Apply for a Discounted MiWay Monthly Bus Pass • Get Help for Paying Past-Due Bills or Rent 	

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Contact Information:	
10 Peel Centre Drive Suite A and B Brampton ON, L6T 4B9	Toll-free: 1.888.919.7800 Telephone: 905.791 application Line 905–793–9200
Mandate:	
The Region of Peel offers several programs to help if you need to: Receive housing subsidy, find shelter if you are homeless, renovate your home to make it more accessible.	
Core Programs & Services	
<ul style="list-style-type: none"> • • Apply for Housing Subsidy • • Find a Shelter • • Get help Paying for Home • • Renovations and Repairs • • Keep your spot on the Housing Subsidy Centralized Wait List • • Get Help Paying for Renovations for your Second Unit • • Resources for Peel Living Tenants • • Appeal a Decision 	

Regional Diversity Roundtable
www.rdrpeel.org

Contact Information:	
28 Village Centre Place, Suite 107 Mississauga ON L4Z 1V9 <ul style="list-style-type: none"> • Email- rdr@regionaldiversityroundtable.org • 	Telephone: 905.232.7371
Mandate:	
The Regional Diversity Roundtable is committed to being a leader in supporting organizations and institutions to be diverse and equitable in order to provide services that are fair, inclusive and culturally appropriate.	
Core Programs & Services	
<ul style="list-style-type: none"> • Consulting Services • DEI Education • DEI Initiatives/Project • Tough Questions Café • Centering Diversity for Workplace Equity 	

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Contact Information:	
The Honourable William G. Davis Centre for Families 60 West Drive, Suite 110 Brampton ON, L6T 3T6	Telephone: 905.450.4650 Fax: 905.450.547
Mandate:	
The Safe Centre of Peel is a safe and welcoming space where many agencies work together in one location. We offer support and compassionate care to adults, children and youth affected by abuse and violence in Peel. Our collaboration consists of 10 onsite agencies, 9 offsite partners, and a multitude of community partners serving hundreds of individuals every year in 12 languages.	
Core Programs & Services	
<ul style="list-style-type: none"> • • Wrap Around Service for Adult Who Have Experienced Violence and Abuse <ul style="list-style-type: none"> • ○ Safety planning • ○ Housing support • ○ Legal clinic • ○ Counselling • ○ System navigation • ○ Settlement support • • Child minding available 	

Salvation Army – Honeychurch Family Life Resource Centre
<https://www.centralwesthealthline.ca/display/service.aspx?id=152927>

Contact Information:	
535 Main St N Brampton, ON L6X 3C9	Telephone: 905.451.4115 Fax: 905.451.1383
Email: help@flrc.ca	
Mandate:	
The Salvation Army Family Resource Centre (FLRC) is an emergency short term shelter in the Brampton area for women and their children escaping partner violence.	
Core Programs & Services	
<ul style="list-style-type: none"> • • Counselling • • Children’s Services • • Outreach • • Legal Support • • Housing • • Intake • • Groups • • Activities for Children and Youth 	

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<p>Contact Information:</p>	
<p>Mailing Address: 7700 Hurontario Street Unit 402 Brampton, Ontario L6Y 4M3</p>	<p>Brampton & Mississauga Telephone:905.459.7777 Caledon: 1.877.298.5444 TTY: 905.278.4890</p>
<p>Mandate:</p>	
<p>When you call Spectra Helpline, you can expect your call to be treated with the strictest confidentiality. You will be invited to share whatever is upsetting you, at your own pace, and in your own words. You will connect with a kind, caring and empathetic listener. We understand when others can't.</p>	
<p>Core Programs & Services:</p>	
<ul style="list-style-type: none"> • Helpline (English) – 24/7 • Multilingual Helplines – Monday to Friday, 10am – 10pm • Peel Elder Abuse Support Line – 24/7 • Telecheck for Seniors Program (55+) – outbound support service • Touching Base (16+) – outbound support service <p>Spectra Helpline offers its programs and services, (i.e., crisis and suicide assessment and intervention, emotional support, and outbound check-in calls) in 8 languages: English, Cantonese, Mandarin, Portuguese, Spanish, Hindi, Punjabi and Urdu.</p> <ul style="list-style-type: none"> • In Crisis or Suicidal • Stressed • Anxious • Sad • Depressed • Isolated • Lonely • Overwhelmed or • Just having difficulty coping with life 	<p>Back to Top</p>

The Telecheck Seniors Program (55+)

The TeleCheck Seniors Program (55+) provides ongoing telephone support for isolated seniors. Our regular calls provide safety check-ins, medication reminders, or social calls. We also focus on offering clients a chance to be heard by providing emotional support, companionship and a sense of community. We work together to reduce feelings of isolation and loneliness, provide positive coping skills, offer referrals to community services, and keep people safe.

To register for this service please call:

- English: 289.569.1201
- Cantonese or Mandarin: 289.569.1203
- Portuguese or Spanish: 289.569.1202
- Hindi, Punjabi or Urdu: 289.569.1204

Touching Base Program (16+)

Whether dealing with a mental health issue, preventing or de-escalating a crisis situation, or relieving loneliness and isolation, Spectra is here to support and listen whenever needed.

Touching Base is a transitional support program for individuals 16+. Our program is available for 3-6 months during client crisis or transition, (e.g. hospital to home, between services, etc.). We provide medication reminders, safety checks, and/or emotional

	<p>support. We work together to reduce feelings of isolation, provide positive coping skills, encourage recovery, and keep people safe.</p> <p>To register for this service please call:</p> <ul style="list-style-type: none">• • English: 289.569.1302• • Cantonese or Mandarin: 289.569.1203• • Portuguese or Spanish: 289.569.1202• • Hindi, Punjabi or Urdu: 289.569.1204
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The Salvation Army – Women’s Counselling Centre
<http://www.salvationarmyerinmills.ca/wcccontactus.html>

Contact Information:	
2460 The Collegeway Mississauga, ON L5N 6K3	Telephone: 905.820.8984 ext.870 Fax: 905.820.2050
Mandate:	
He Women’s Counselling Centre is a client centered therapeutic environment providing holistic counselling from a feminist perspective. Our clients are women in Peel Region who have experienced any form of abuse.	
Core Programs & Services	
<ul style="list-style-type: none"> • • Counselling • • Psychoeducational Groups • • Legal Support • • Client Advocacy 	

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Victim/Witness Assistance Program

<http://www.attorneygeneral.jus.gov.on.ca/english/ovss/VWAP-English.html>

Contact Information:	
7765 Hurontario Street, 2nd floor Brampton, ON L6W 4S3	Telephone: 905.456.4797 Telephone: 1.866.788.5678 Fax: 905.456.4797
Mandate:	
To provide information, assistance, and support to victims and witnesses of crime throughout the criminal court process in order to improve their understanding of, and participation in, the criminal court process. This is achieved by enhancing victim/witness understanding of and participation in the criminal justice system, assisting the victim/witness to regain a sense of well-being and to provide coordinator of community support structures to assist victims of crime.	
Core Programs & Services	
<ul style="list-style-type: none"> • Information about the criminal justice system and client role in court • Information about client rights under the Ontario Victims' Bill of Rights and Canadian Victims Bill of Rights • Referrals to community agencies for counselling and other services • Information about a private waiting area that may be available to client should they attend court • Help to give information to the Crown Attorney 	<ul style="list-style-type: none"> • Assistance to prepare for court (for trial hearings) • Preparation of Victim Impact Statement required • Updates about when client is required • The latest information about other court request of the client. • Assessing your accessibility needs and with coordinating services to meet those needs

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Contact Information:	
7750 Hurontario Street Brampton, ON L6V 3W6 Email: info@vspeel.org	Crisis Line: 905.568.1068 Admin: 905.568.8800 Fax: 905.564.2844
Mandate:	
To provide 24-hour crisis support to persons victimized by crime or circumstance.	
Core Programs & Services	
<ul style="list-style-type: none"> • • Crisis Intervention • • South Asian Family Enrichment (S.A.F.E.) • • Transitional & Housing Support • • Community Information Sessions • • Victim Quick Response Program 	

La Maison

<http://www.lamaison-toronto.org/index.html>

Contact Information:	
Shelter: 647.777.6433 Email: info@lamaison-toronto.org	Telephone: 647.777.6419 Fax: 647.777.6429
Mandate:	
To provide a safe environment for Francophone women in all their diversity, with or without children, who are struggling with domestic and family violence in order to support them in the recovery of their autonomy. The House is also involved in social strategies aimed at reducing women's vulnerability and asserting their rights.	
Core Programs & Services	
<ul style="list-style-type: none">• Accommodations and Support• Accompaniment• Program of activities• Community Liaison	

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Contact Information:	
73 Watline Avenue, Suite 101 Mississauga, ON L4Z 3E5 Email: info@vitacentre.org	Telephone: 905.502.7933 Fax: 905.502.7868 Press 0 to bypass recording
Mandate:	
Vita Centre is dedicated to excellent support, education and counselling for pregnant and parenting youth.	
Core Programs & Services	
<ul style="list-style-type: none"> • One-to-one counselling • Group Programs • High School Completion 	

Contact Information:	
36 Queen Street East, Lower Level Brampton, ON	Telephone: 905.455.6789 ext: 21 Fax: 905.455.6162
Email: uacs@unitedachievers.org	
Mandate:	
To provide culturally relevant programs and services to inspire residents in the Region of Peel, primarily from Black and Caribbean communities, to make positive changes in their lives and within their communities.	
Core Programs & Services	
<ul style="list-style-type: none"> • Fresh Start for Women – for women and their dependent children who are suffering the effects of abuse • Building Healthy Families – in which we receive referrals from the Peel Children’s Aid Society to counsel parents whose children are involved with the society. • Healthy, Active & Wise Seniors – provides seniors with outlets to reduce their feelings of loneliness and isolation, promote healthy lifestyles and participate in activities to build relationships • Arts, Literacy & Tutoring Club – an after-school program for children ages 6 to 13 where they engage in civic activities while developing skills in subjects they are struggling with in school • Summer Day Camp – for ages 6 to 14 where children are kept active through the summer vacation with various arts, crafts and other learning opportunities • Youth Entrepreneurship Mentorship Program – this program, which is offered through the Services for Black Children, Youth & Families, is geared toward youth 16 to 24 years who are entrepreneurs or aspire to own their business. 	

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WellFort Community Health Services
www.wellfort.ca

Contact Information:	
<p>WellFort Community Health Services 40 Finchgate Blvd suite 224, Brampton, ON L6T 3H9 Email- mail.bramaleachc@wellfort.ca 7205 Goreway Drive Mississauga, ON L4T 2T9 Email- mail.fourcorners@wellfort.ca</p> <p>Email- info@wellfort.ca</p>	<p>Telephone: 905.677.9599</p> <p>Telephone: 905.451.6959</p>
Mandate:	
<p>WellFort’s Vision is a Healthier Community where everyone belongs. Members of the WellFort family include Bramalea Community Health Centre, Four Corners Health Centre, Bloom Clinic, Diabetes Education Program, and Health n’ Smiles. WellFort is committed to providing inclusive, accessible and sustainable care.</p>	
Core Programs & Services	
<ul style="list-style-type: none"> • Health Promotion & Programs • Primary Health Care • Oral Health Care • Diabetes, HIV & HEP C Education 	

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